# How to submit content and tips on getting published

- Anything you submit should be of interest to people who visit the CAFY website.  We like articles that include new ideas, are creative and fun. But if its important to you and you have taken the time to send us something we will consider it.
- Try not to send us anything too long.  People visiting our website will want to read something short or watch a short video.
- We cannot pay for content submitted to us but we will promote it and share it where we can.
- Do not include any swearing, bad language, racist and sexist language. We will not publish anything considered offensive.
- Your submissions maybe edited.
- Send your submission to info@cafy.org.uk
- Our in-house team will review everything before it appears on the website.

If you have an idea for something but don't know how to get started then get in touch, we will try and feature your ideas when we can.